

Weekly Adult Outdoor Tennis Drills 6/24/2024



To Register:

Log onto the Impact Activities mobile app
or log onto impact.clubautomation.com with your
username and password

M

Mondays:

7:30 pm - 9 pm Advanced 4.5+ Clinic - Alessio
7:00 pm - 8:30 pm Adult Beginners - Candy
7:00 pm - 8:30 pm USTA 2.5 - 3.0 Clinic - Ubale

T

Tuesdays:

7:00 pm - 8:30 pm 41 Doubles Game - Candy
7:30 pm - 9 pm Intermediate Clinic - Alessio

W

Wednesdays:

7:00 pm - 8:30 pm Adv Beginner Clinic - Candy
7:30 pm - 9 pm Adv/Intermediate Clinic - Alessio
7:30 pm - 9 pm USTA 3.5 Clinic - Ubale

Th

Thursdays:

6:30 pm - 7:30 pm Adv Beginner Clinic - Alessio
7:00 pm - 8:30 pm 41 Doubles Game - Candy
7:30 pm - 9 pm Intermediate Clinic - Alessio

F

Fridays:

7:30 am - 9 am Ladies Clinic - Nurudeen
6:30 pm - 8:00 pm Adult Beginners - Candy

S/S

Saturdays:

7:30 am - 9 am Cardio Tennis - Nurudeen

Sundays:

7:30 am - 9 am Cardio Tennis - Candy

Pros: Nurudeen 316-518-7993 Candy 316-226-1453
Alessio 469-596-8955 Ubale 469-307-1897

**Classes are back to 10 players on a court! Pricing for
90 mins is
\$30 per person Non Members
\$25 per person Members
and 60 mins is
\$25 per person Non Members
\$23 per person Members**

Payment must be made
at time of sign up.
24 hr notice of
cancellation for refund or
credit.

Please register in
advance as these drills
do fill up.

Length of drill will
change if less than 3 sign
up. 4 players or more
drills are 1.5 hrs unless
stated otherwise.

USTA Drills - Must be a USTA rated player equal to the level of the class.
41 Doubles Game - A fun doubles game played with 4 or 6 players per court all about earning and losing points by hitting certain shots or strokes.

Beginner - New player with no experience.

Adv. Beginner - New player who can hold a rally.

Cardio - A high energy fitness drill which combines heart pumping tennis drills/games/skills delivering a full body calorie burning aerobic workout.